Quesnel Early Years Activities

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
StrongStart-SD28 * Baker & Dragon 8:30-11:30					
Bouchie & Barlow 8:15-11:15	Bouchie & Barlow 8:15- 11:15	Bouchie & Barlow 8:15-11:15	Bouchie & Barlow 8:15-11:15	Bouchie 8:15-11:15	
Parent Child Mother Goose *	Circle of Security *	Pop Up Prenatal – CDC *	Parent Connection *	Breastfeeding Café 10:00-	
Please contact CDC for the next	Please contact Axis for the		10:00-11:30	11:00 (Last Friday of Month)	
session day and time.	next session date and time.	Indigenous Parent Wellness 1-			
		3pm (Last Wednesday of Month)			
Stop 'N Play Drop in- EYP	Baby Signs 9-11 am *	Littlest People Playgroup 9:00-	Postpartum Partners *10:00-		
9-2:30	Family Flow Yoga *	1:00pm	12:00pm - 1st Thursday of the		
			Month		
			*check Facebook for dates		
CCRR Closed Mondays	Playroom open 8:30-3:30	Playroom open 8:30-3:30	Playroom open 8:30-3:30	Play Group 10:00-12:00 Lunch 12:00-1:00pm	Playroom open the last Saturday of the month 8:30-12:30pm
			PJ Story Time 3:00-4:00		
	Bookstore O	pen Tuesday-Friday 10:00-4	:00pm – Saturdays 12:00-4	:00pm	

Community Contact Information

School District #28 StrongStart (SD28) *
Baker 250-992-8383

Barlow Creek 250-992-5134 Bouchie Lake 250-249-5913

Dragon Lake 250-747-2142

<u>Library (LIB)</u> 250-992-7912

<u>Literacy Quesnel</u> (LQ) 778-414-9119 West Park Mall Quesnel & District Child

Development Centre (CDC) *

250-992-2481 488 McLean Street

<u>Child & Youth Mental Health</u> (CYMH) 250-992-4267 163 Kinchant St.

Big Brothers and Big Sisters 250-992-7257

Axis Family Services 250-992-2759

<u>Quesnel Friendship Centre</u> *

CAPC/Early Years Programs (EYP)

250-992-8858 319 North Fraser Drive

<u>Child Care Resource and Referral</u> (CCRR) 250-992-7606 469 Anderson Drive

Family Support Institute (FSI) 1-604-540-8374

For more information about the different programs please reach out to the individual community agencies.

*Registration Required

Originally created by Cari Rawlings

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