

Quesnel Early Years Activities

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
StrongStart-SD28 * Baker & Dragon 8:30-11:30 Bouchie & Barlow 8:15-11:15	StrongStart-SD28 * Baker & Dragon 8:30-11:30 Bouchie & Barlow 8:15-11:15	StrongStart-SD28 * Baker & Dragon 8:30-11:30 Bouchie & Barlow 8:15-11:15	StrongStart-SD28 * Baker & Dragon 8:30-11:30 Bouchie & Barlow 8:15-11:15	StrongStart-SD28 * Baker & Dragon 8:30-11:30 Bouchie 8:15-11:15	
Parent Child Mother Goose * Please contact CDC for the next session day and time.	Circle of Security * Please contact Axis for the next session date and time. Circle of Security also available through CDC*	POP Group – CDC *	Resilient Parenting * 10:00-11:30	Breastfeeding Café 10:00-11:00 (Last Friday of Month)	
Stop 'N Play Drop in- EYP 9-2:30	Baby Signs 9-11 am * Family Flow Yoga *	Littlest People Playgroup 9:00-1:00pm	Postpartum Partners * 10:00-12:00pm - 1 st Thursday of the Month Family Free Pool/Park Days *Check Facebook for dates	Nobody's Perfect Parenting Program Thursday Evenings call/email to register	
CCRR Closed Mondays	Playroom open 8:30-3:30	Playroom open 8:30-3:30	Playroom open 8:30-3:30 Late Nights at CCRR 5:00 – 7:00 (Starting Nov 6 th)	Play Group 10:00-12:00 Lunch 12:00-1:00pm	Playroom open the last Saturday of the month 8:30-12:30pm
	Bookstore Open Tuesday-Friday 10:00-4:00pm – Saturdays 12:00-4:00pm			PJ Story Time 3:00-4:00	

Community Contact Information

School District #28 StrongStart (SD28)*

Baker 250-992-8383 – Drop-In

Barlow Creek 250-992-5134 Drop-In

Bouchie Lake 250-249-5913 Drop-In

Dragon Lake 250-747-2142

Library (LIB) 250-992-7912

Literacy Quesnel (LQ) 778-414-9119

West Park Mall

Quesnel & District Child

Development Centre (CDC) *

250-992-2481 488 McLean Street

Child & Youth Mental Health (CYMH)

250-992-4267 163 Kinchant St.

Big Brothers and Big Sisters 250-992-7257

Axis Family Services 250-992-2759

Quesnel Friendship Centre *

CAPC/Early Years Programs (EYP)

250-992-8858 319 North Fraser Drive

Child Care Resource and Referral (CCRR)

250-992-7606 469 Anderson Drive

Family Support Institute (FSI) 1-604-540-8374

For more information about the different programs please reach out to the individual community agencies.

***Registration Required**

Updated Nov 2025